

Icebreakers for Remote Teams

CREATING OPPORTUNITIES
FOR EMPLOYEE BONDING



What is an Icebreaker?

Typically utilized at the beginning of a meeting, icebreakers are team building activities most often used with coworkers who have not previously worked together to assist with introducing them to each other.

Benefits of Icebreakers

- Enables team members to feel comfortable sharing ideas.
- Strengthens bonds between team members
- Fosters a community spirit
- Assists the team leader to assess the meeting attendees
- Helps kickstart the brainstorming process
- Establishes a company culture
- Improves communication
- Builds trust

How to Plan an Icebreaker

Start by establishing your goal for the meeting. Then determine what the most appropriate teambuilding exercise would be to achieve that goal.

Ideas for Virtual Icebreakers

1. Two Truths and a Lie: Each participant thinks of two things that are true and one that is made up about themselves. The other team members have to guess which is the lie.
2. Random Questions: Ask everyone to submit one question, about any topic (favorite movies, pets, most recent vacation, etc.) Every meeting, choose one question to start the meeting.
3. If You Were Stranded on a Desert Island...: Have participants come up with three books, movies, or songs they would bring to a desert island.
4. Show Your Space: At the beginning of the meeting have teams show the group their remote location.
5. Summarize Your Week: Have each participant give one word to describe their week.
6. Let's Dance: In a casual meeting, play a song and have everyone dance along.
7. Coffee Break: Ask each team member to show their mug and give their favorite coffee order.
8. How Are You Feeling: Each participant sends an emoji to show how they are feeling that day.
9. Pictionary: Ask a question to the team, and have them draw their response. Other participants then guess the drawings.
10. Commonalities: Have the team work together to come up with 10 things that everyone has in common.

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